



Wheaton Franciscan Healthcare

Earth Day

April 22, 2007

The rhythm of nature exists with or without us.
Nature calls us to recognize God's presence.
It is an invitation to live in balance with the land around us.

Nature has a way of asking us to take time from our daily commitments.
It has an awesome power to renew us and offers us lessons
About how we live in relationship with one another and all of God's created world.
Let us remember to care for our earth, as we care for each other.

Earth teach me stillness
as the grasses are stilled with light.
Earth teach me caring
as the mother who secures her young.
Earth teach me courage
as the tree which stands all alone.
Earth teach me limitation
as the ant that crawls on the ground.
Earth teach me freedom
as the eagle that soars in the sky.
Earth teach me resignation
as the leaves that die in the fall.
Earth teach me regeneration
as the seed that rises in the spring.
Earth teach me to remember kindness
as dry fields weep with rain.
Earth lead us to find lasting peace.



*Adapted from "Earth Prayers from Around the World."
Excerpts from "Spiritual Literacy: Reading the Sacred in Everyday Life"
by Frederic and Mary Ann Brussat*

**Please take a moment to reflect on the state of your heart as you pause to
thank our earth for its many blessings.**